

Hohepa every life fully lived

Community Life





Jessie's Story

Jessie is a vibrant 18-year-old from Cromwell who has been part of the Hohepa community for the past year. In that time, Jessie has achieved goals she set for herself, made new friends and become a very special part of River House, the flat she shares with three others.

"I really like my home," says Jessie. "I enjoy that I can be a part of our flat and that I have responsibilities. My jobs are to do the vacuuming and the mopping and sometimes I do it twice a day to make sure it's spic-and-span."

Jessie has also developed a sense of pride in her home and she likes that she a space to call her own. "I used to be really messy," she says. "But now I like to keep my room clean and make sure it's always in top shape."

Jessie has goals to use the skills she has learned at Ara to enter into work experience next year and to get her driver's licence, which she hopes will lead her to employment so she can gain more independence. "It would be really awesome to be able to earn some money by doing a good job," she says.

When she is not at Ara, Jessie has a range of interests and she is glad she has the space and support to enjoy the things she likes. "I really love watching Netflix and YouTube in the comfort of my house," she says. "And I love to go swimming at Pioneer and get a good flat white from the local café Zeroes. The people at Hohepa help me to do fun things."

Jessie also loves to make people laugh, so she made sure to include some jokes in her video for Höhepa's new homes website. "It was fun making the video because I like to have a good giggle," she says. Jessie is also proud of Höhepa and excited about the upcoming homes project. "I think it is good that the new houses are being built because it will help people like it helped me," she says. "Hohepa is a great home and the new houses will mean more people can live here."

You can watch Jessie's video here - donations. Höhepacanterbury.com - we know her jokes will make you smile.

Being at Hohepa has meant that Jessie is able to study towards a Certificate in Skills for Living for Supported Learners at Ara Institute of Canterbury and she is an active member of the campus community. "I like learning at Ara and being part of my class," says Jessie. "It is good to learn new skills and it is helping me to prepare for life and know how to be healthy. There are some cool people there."

From my seat, Hōhepa just does not slow down! I could talk about the many decisions that had to be made since the last Community Life; many 'on the fly' to cope with our ever-changing Covid status, but Arnah and her team, as well as the Board, have ensured that for everyone under Hōhepa's wings, care and enjoyment have been at the top of the list.

For parents and support people, thank you also, with your assistance in adhering to the rules during our lockdown phase. This was challenging and it was met with strength and commitment.

But Spring is the time for new growth, and this is what we are now focusing on. We are steadily working towards completing our new homes project so that more people with an intellectual disability who need a place to call home can be welcomed into Hōhepa.

Very soon, you'll see the old making way for the new. St John house will be transported from its current site at 35 Barrington St to make way for one of our new houses, with another new house being built on the opposite side of the drive by our new walkway and garden area.

Raising funds for this project in the current climate has proved to be hard work. But support for it has remained strong and we are truly grateful for the generosity of those who have helped us so far, which has allowed us to keep traction. Now is the time to close the gap in our fundraising so we have created an opportunity for the wider community to be a part of this much-needed development. In this issue of community life, you will be introduced to our new website - donations.Hohepacanterbury.com

From the Board Chair

This site provides a tangible way for people to give to our campaign with their contributions enabling us to fit out our new homes with items like coffee mugs, duvets, desks, fridges, comfort blankets, and mobility aids.

We welcome you to visit our new site and contribute to these specialised fit-outs so the houses are equipped with everything they need to make life comfortable and enjoyable for the people we support. These items truly will make them into homes.

You may also see some signage and billboards in your travels about our new website and opportunities to give. Please pass on the message where you can. It will be appreciated.

Part of the excitement too, of our new houses, is that everyone will be able to see what they're contributing to. They are street frontage buildings, so we hope the community will support the project in any way that they can. It really will make a difference – these houses will show to our Christchurch community that we are improving lives for those who are part of our Hōhepa family.

Hōhepa is though, so much more than just two new homes. I want to thank all of our care-giving team for their dedication to the people we support through the see-saw months we have all been having. Thank you too, for your dedication to our Hōhepa community.

Take care,

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Ewah Chapman

Chair of Höhepa Canterbury

Timeline for our New Homes

Our Hōhepa community has been eagerly awaiting the start of the build for the new homes project and we are excited that our timeline is on track and we expect to commence works in December.

We are experiencing an everincreasing demand for Hōhepa's services, with a waiting list of people with an intellectual disability looking for a place to call home. This is why our new homes project is so important as it will offer more opportunity for those in need to experience fulfilling lives as part of our very special community.

We are committed to providing people with inspiring and fit-forpurpose housing so they live in an environment that supports and adapts to their unique needs and ambitions over their lifetime with as much independence as possible. Our new homes will do more than provide a physical home for people with intellectual disabilities. They will be safe, beautiful and peaceful places for people to settle, grow, and live full lives supported by our unique philosophy of care. The buildings have been designed to be light, creative, and thoughtful and they will encourage a sense of ownership and pride for the people we support and in our wider community.

Home isn't just bricks and mortar. Home is a feeling. A feeling of safety, of pride, tranquillity and happiness.



2020

2021

Key Project Milestones

March	Install windows, interior doors and insulation	
February	Roof cladding	
January	Roof, soffit and fascia framing	
December	Construction begins	
October November	Procurement of materials	
September	Site demolition	

From the General Manager

This year has reminded us all to take some time and to use that time to acknowledge, appreciate and celebrate the little and the big things. For us at Hōhepa, that means revelling in fleeting moments and epic events for individuals, teams and the organisation.

In a year where we have experienced complexity, uncertainty and ambiguity, our community has pulled together to ensure everyone is safe, happy and still able to engage in things that have meaning and purpose. If the measure of a community is how well people pull together in these times, then we certainly have a lot to celebrate.

As a board and leadership team we count ourselves lucky to be part of an organisation where success is measured by how fully people are living their lives. We are fortunate to have Hōhepa as a part of our lives and part of the story of how we are living to the fullest.

Our most significant focus has remained the people who we support. We have continued to develop options that give people opportunities to experience meaning and purpose in their lives. LEAP has adapted within a changing environment. The number of people engaging with our Independent and Personalised support options have grown. Our Peer Supporters and Advisory Group blossom in their leadership roles. We are observing people taking increased ownership over their lives and their choices. Our most important successes are those experienced by the people we support, including Anam (pictured at our farm) on our front cover – new friendships that develop, increased confidence, a sense of belonging and achievement – these are the heartwarming and engaging moments.

In the previous Community Life we let you know about the wonderful gifts we received from Lamar Charitable Trust and Sutherland Self Help Trust to help us build two new homes for the people we support. We are excited to announce that last month we launched a dedicated website for our new homes campaign - donations.HohepaCanterbury.com

This website provides a special opportunity for the wider community to contribute to the fitout of the new homes. We invite you to visit our new website to see how you can be a part of realising the vision of our new homes. A donation from you, no matter the size, will support many essential items and specialised equipment the homes need. These things, such as coffee mugs, duvets, fridges and mobility aids, will make life easy, functional, comfortable and enjoyable for the people we support.

As I write this, the site for the new homes is being fenced off and demolition is underway. We are nearly into the build itself, and hope to be breaking ground this side of Christmas. As well as the onsite and website development, you might see Hōhepa signage and information around town, in your letterbox, or on Facebook. We are hoping to reach over 50,000 people with our community campaign – if they each gave \$5, our fundraising for the new homes woul be on target. Please do share our Facebook posts and the website to your family, friends and colleagues - the videos are a real treat.

With dynamic plans for this year and next, we look forward to taking time to acknowledge, appreciate and celebrate – taking moments for gratitude is not only great for our mental health and wellbeing, it reminds us that our lives are all able to be fully lived because of our part in the Hōhepa community.

Arnah Trelease

CUSTOMD the Creators of our New Website

Our new website was developed and built by Custom D, a Christchurch-based company that creates innovative web and mobile solutions to drive success for the organisations they work with. Custom D came onboard to support Hōhepa as they recognise we make a real difference in our community and we are purposefully creating a strong future for those we support.

Director, Julie Ryan, says, "after learning about what Hōhepa was trying to achieve we visited the Barrington Street site and we saw quickly how awesome it is. We all loved meeting the people they support and it was great to have the opportunity to connect with them," she adds. "Our team have all been back to Hōhepa since to take part in Disco Tuesday – that's pretty special."

"We really like the Hōhepa philosophy; the people they support are enabled to be as independent as possible and live their lives with value and meaning," says Julie. "Their dreams and aspirations are encouraged and they thrive in the rich and fulfilling Hōhepa environment."

Custom D knew they had to create something unique to assist our new homes project after connecting with our community, so they worked hard to create a website that would offer the opportunity to give in a meaningful way. "We wanted it to be more than just having a donate button at the top of the page," says Julie. "We have created something that can really be engaged with and is relatable so people can see what their funds will do for the project."

Custom D generously donated a lot of time to our campaign and we are hugely grateful for their support. Our new website - donations.Hōhepacanterbury.com - is now live after weeks of effort from the Custom D team and they are excited about seeing the impact it will have. "The new homes project is

important to Hōhepa continuing to provide their amazing care, which is why we wanted to contribute" says Julie. "This project is so deserving of support and we feel privileged to be part of it."







From the **Guild Family**

Colin and Hilary Guild credit the level of care and devotion of the staff at Hohepa for their son Andrew being able to fully live his life in a supportive community of likeminded people.

Andrew has been living at Höhepa for the past eight years and in that time, he has made friends and had opportunities to do things that weren't possible for him when he was living with his parents on their farm. "The staff at Hohepa give Andrew the time and attention he needs to flourish," says Colin. "When Andrew was with us on the farm it was hard for him. People with Autism don't like change and the constant flow of visitors and workers was often upsetting for Andrew. It was also hard for us to keep safe him in such a busy environment."

Colin and Hilary looked at many options for Andrew when they decided he was ready for a flatting-style place to call home and Hohepa has exceeded their expectations of care. "We appreciate that the housing is tailored to meet the needs, personalities and compatibility of the residents in order to provide a rich and fulfilled environment," says Hilary. "And the reassurance of being able to have our family member in place where he is valued as an individual is an enormous comfort to us."

Andrew goes home to the farm every three weeks which is something he really enjoys and Colin and Hilary value the quality of the time they have with him when he visits. "We often tailor what is happening on the farm so we can make the most of our special time with Andrew and so he can take part in the activities he enjoys the most," says Colin.

"At Hohepa Andrew is with similar people in a more structured environment which is better for him, and we can continue to operate a farming business and have a better family life," adds Hilary.

Colin and Hilary are grateful that Andrew is part of the Hohepa community as it has allowed him to grow and learn and it has enriched the time they spend together. In recognition of this, they have made a gift to the new homes project to help provide the same opportunity for other people and their families. "We wanted to support this much-needed project as intellectual disability is part of our communities and Hohepa does their utmost to provide a 'whole of life' approach to every individual," says Colin. "The degree of disability of the people Hohepa supports ranges hugely and it is a constant challenge to meet the social and developmental needs of each person," adds Hilary.

Colin and Hilary are looking forward to seeing the project completed in the knowledge that it will allow more people to call Hohepa home. "It was important to us that we helped the community grow to meet need," says Colin. "It is lovely to be a part of the project and we are heartened to see the support it has received so far. We encourage others to be a part of it too so this important development can be realised."



OUR NEW WEBSITE Help us to Fit Out Our New Homes

Your donation of \$1,200 could fit out our new homes with a fridge to keep meals and snacks fresh

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Your donation of **\$20** could fit out our new homes with a set of coffee mugs



Your donation of \$50 could fit out our new homes with an individual bathroom towel and fiannel set





Your donation of **\$500** could fit out our new homes with a desk for quiet reflection time or to play fun games



Your donation of **\$150** could fit out our new homes with a cozy duvet (inner & cover)



Everyone needs and deserves a home they cherish and from where they can dream, be and do.

Thanks to the generous support from The Sutherland Self Help Trust, the Lamar Trust and many other donors, we have made fantastic headway in our fundraising campaign for our new homes. Now is the time for us to rally together to raise the remaining funds needed to see this much-needed project through to completion.

To help close the gap in our fundraising we have launched a new website to enable you, as a part of our community, to be a special part of seeing our new homes come to fruition. The new website - donations. Hohepacanterbury.com – provides the opportunity to give towards the specialised fit-out of the new homes. This will equip them with the essential items to ensure those who will reside in them can fully live their lives. These items, such as coffee mugs, duvets, desks, fridges, comfort blankets, and mobility aids, will ensure life is easy, functional, comfortable and enjoyable for the people we support.

We invite you to visit our new website to see how your contribution will make a real and tangible impact. We also encourage you to watch the series of videos on the site from people that currently live at Hōhepa who have shared what this project means to them. Please also share our website with your friends, family and colleagues so they too can learn more about Hōhepa Canterbury, how we support people and why our new homes project is essential in ensuring the people we support can achieve their personal goals and aspirations.

The total amount we need to raise to complete our new homes is \$2.2M and we are so grateful for the incredible support we've already received for this project. It is vital the homes are built by June 2021 so people with an intellectual disability who need a home and are currently on our waiting list can be welcomed into Hōhepa. We need your help to do this. Please donate today to help Hōhepa be the best home it can be for our people now, and long into our future.



to enable every life to be fully lived

donations.hohepacanterbury.com





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